

Piano Prep Activities

| # | Category | Activity | 😊 |
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| 1 | Finger Numbers | 1) Have someone trace your hands onto a sheet of paper. 2) Color RH 1 red. 3) Color RH 3 blue. 4) Color RH 5 green. 5) Color LH 1 yellow. 6) Color LH 4 purple. | |
| 2 | Finger Numbers | 1) Color RH 2 orange. 2) Color LH 3 brown. 3) Color LH 2 red. 4) Color RH 4 purple. 5) Color LH 5 green. | |
| 3 | Pre-Reading | Put the music alphabet (2 sets) in forward order from A to G. Make a single row. | |
| 4 | Keyboard Mobility | Play all of the 2-black-key groups low to high. Do once with LH and once with RH. Then, play all of the 2-groups from high to low, once with LH and once with RH. | |
| 5 | Keyboard Mobility | Play all of the 3-black-key groups low to high. Do once with LH and once with RH. Then, play all of the 3-groups from high to low, once with LH and once with RH. | |
| 6 | Creativity | Make up a song that uses all of the 3-black-key groups. Use LH234 for low notes and RH234 for high notes. Give your song a name. | |
| 7 | Pre-Reading | Put the music alphabet (2 sets) in BACKWARD order from G to A. Make a single row. | |
| 8 | Rhythm | On a blank sheet of paper, draw a row of quarter notes:  | |
| 9 | Keyboard Mobility | Locate and play all of the Cs. Use LH3 for the low to middle keys, and RH3 for the middle to high keys. How many seconds does it take? | |

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| 10 | Rhythm | Set your metronome to a "walking" beat [72-92]. Clap quarter notes (1 beat) along with the beat. Clap half notes (2 beats). Clap whole notes (4 beats). Set the metronome to a faster or slower beat and repeat the exercise. For variety, use rhythm sticks or play a single piano key instead of clapping. Try alternating hands. | |
| 11 | Finger Drills | <p>RH C Position: Place RH1 on C, placing fingers 2 through 5 on the next four white keys. Keep your fingers curved, in your relaxed-hand position. Play these finger exercises:</p> <ol style="list-style-type: none"> 1) 1-1-1-1, 2-2-2-2, 3-3-3-3, 4-4-4-4, 5-5-5-5 2) 1-1-1-1, 3-3-3-3, 5-5-5-5, 4-4-4-4, 2-2-2-2 3) 2-2-2-2, 1-1-1-1, 4-4-4-4, 3-3-3-3, 5-5-5-5 4) 5-5-5-5, 4-4-4-4, 3-3-3-3, 2-2-2-2, 1-1-1-1 | |
| 12 | Finger Drills | <p>LH C Position: Place LH5 on C, placing fingers 4, 3, 2, and 1 on the next four white keys. Keep your fingers curved, in your relaxed-hand position. Play the following patterns:</p> <ol style="list-style-type: none"> 1) 1-1-1-1, 2-2-2-2, 3-3-3-3, 4-4-4-4, 5-5-5-5 2) 1-1-1-1, 3-3-3-3, 5-5-5-5, 4-4-4-4, 2-2-2-2 3) 2-2-2-2, 1-1-1-1, 4-4-4-4, 3-3-3-3, 5-5-5-5 4) 5-5-5-5, 4-4-4-4, 3-3-3-3, 2-2-2-2, 1-1-1-1 | |
| 13 | Rhythm | On a blank sheet of paper, draw a row of half notes:  | |
| 14 | Keyboard Mobility | Locate and play all of the Ds. Use LH3 for the low to middle keys, and RH3 for the middle to high keys. How many seconds does it take? | |
| 15 | Rhythm | On a blank sheet of paper, draw a row of whole notes:  | |
| 16 | Keyboard Mobility | Locate and play all of the Es. Use LH3 for the low to middle keys, and RH3 for the middle to high keys. How many seconds does it take? | |

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| 17 | Finger Drills | <p>RH C Position: Place RH1 on C, placing fingers 2 through 5 on the next four white keys. Keep your fingers curved, in your relaxed-hand position. Play these 2-finger drills. Repeat each 2-note set four times. Repeat the exercise with the left hand (LH5 on C):</p> <ol style="list-style-type: none"> 1) 1-2, 2-3, 3-4, 4-5 [play each 4x] 2) 1-3, 2-4, 3-5 3) 2-1, 3-2, 4-3, 5-4 | |
| 18 | Keyboard Mobility | Locate and play all of the C-D-E groups. Use fingers 2-3-4. | |
| 19 | Creativity | Make up a LH song that uses the notes C, D, and E. Use quarter notes and half notes in your song. Give your song a name. | |
| 20 | Creativity | Make up a RH song that uses the notes C, D, and E. Use quarter notes and half notes in your song. Give your song a name. | |
| 21 | Pre-Reading | <ol style="list-style-type: none"> 1) Put the musical alphabet (2 sets) in forward order beginning on letter C. Use all the letters and make a single row. (Ex. For Parents: CDEFGABCDEF GAB) 2) Put the letters in order beginning on F. 3) Put the letters in order beginning on D. | |
| 22 | Rhythm | Rhythm Cards: Draw 4 note counting cards out of the deck, and place them on the music rack. Clap and count the rhythm. Rearrange the cards on the rack, and clap and count the new rhythm. Make up a song with this rhythm. Use the finger-drill hand position (RH1 on C, LH5 on C). | |
| 23 | Keyboard Mobility | Locate and play all of the Fs. Use LH3 for the low to middle keys, and RH3 for the middle to high keys. How many seconds does it take? | |
| 24 | Keyboard Mobility | Locate and play all of the Gs. Use LH3 for the low to middle keys, and RH3 for the middle to high keys. How many seconds does it take? | |
| 25 | Keyboard Mobility | Locate and play all of the As. Use LH3 for the low to middle keys, and RH3 for the middle to high keys. How many seconds does it take? | |

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| 26 | Keyboard Mobility | Locate and play all of the Bs. Use LH3 for the low to middle keys, and RH3 for the middle to high keys. How many seconds does it take? | |
| 27 | Pre-Reading | <ol style="list-style-type: none"> 1) Put the musical alphabet (2 sets) in BACKWARD order beginning on letter C. Use all the letters and make a single row. (Ex. For Parents: CBAGFEDCBAGFED) 2) Put the letters in BACKWARD order beginning on F. 1) Put the letters in BACKWARD order beginning on D. | |
| 28 | Keyboard Mobility | Locate and play all of the F-G-A-B groups. Use fingers 2-3-4-5. | |
| 29 | Creativity | Make up a LH song that uses the notes F, G, A, and B. Use quarter notes and half notes in your song. Give your song a name. | |
| 30 | Creativity | Make up a RH song that uses the notes F, G, A, and B. Use quarter notes and half notes in your song. Give your song a name. | |
| 31 | Pre-Reading | <p>Skips and Steps:</p> <ol style="list-style-type: none"> 1) Put one set of the music alphabet in a bag or a hat. 2) Draw one letter and place it on the table. 3) Name the letter that is a <i>step higher</i> than the first letter. 4) Name the letter that is a <i>step lower</i> than the first letter. 5) Name the letter that is a <i>skip higher</i>. 6) Name the letter that is a <i>skip lower</i>. 7) Repeat this activity until the bag is empty. | |
| 32 | Pre-Reading | <p>Skips and Steps:</p> <ol style="list-style-type: none"> 1) Place two sets of the music alphabet in a bag or hat. 2) Draw a letter out and find it on the keyboard. 3) <u>Play the note</u> that is a <i>step higher</i>. 4) <u>Play the note</u> that is a <i>step lower</i>. 5) <u>Play the note</u> that is a <i>skip higher</i>, then a <i>skip lower</i>. 6) Repeat until the bag is empty. | |
| 33 | Keyboard Mobility | <ol style="list-style-type: none"> 1) Using LH23, locate all of the 2-black-key groups with your eyes closed. Repeat, using RH. 2) Using LH234, locate all of the 3-black-key groups with your eyes closed. Repeat, using RH234. | |